



2026 Seven Lakes Volleyball Tryouts And Preseason Schedule

	Returners		Freshmen
Saturday 8/1	7 – 9 am tryout		9:30 – 10 check RankOne
	2 – 4 pm tryout		10 am – 1 pm tryout
Monday 8/3	12:30 – 3 pm tryout		6 – 8:30 am tryout
	teams will be announced following this session		
Tuesday 8/4	Varsity	Junior Varsity	Freshmen
	4 – 7 pm	4 – 6:30 pm	4 – 6:30 pm
Wednesday 8/5	4 – 6:30 pm	4:30 – 6:30 pm	4:30 – 6:30 pm
Thursday 8/6	11:30 – 2 pm	7 – 9 am	9 – 11 am
Friday 8/7	3:30 – 5 pm	3:30 – 5 pm	7 – 9 am
Saturday 8/8	Scrimmage @ SLHS 9 am – 12 pm		
	12 – 1 pm Volleyball Kickoff Meeting 9 th Grade Cafeteria (Mandatory Parent/Player Meeting)		
Monday 8/10	10:30 – 1 pm	11:30 – 1:30 pm	9:30 am – 11:30 am
Tuesday 8/11	Program Pictures 2 – 3:30 pm		
	Home Match vs Memorial 4:30 (9A/JV), 5:30 (9B/V)		
Wednesday 8/12	**First Day of School**		
	2 – 4:15 pm	2 – 4:15 pm	3 – 4:30 pm
Thursday 8/13	Begin normal practice schedule for all three teams:		
	Varsity	Junior Varsity	Freshmen
	KISD/CFISD Tournament	7 th period 2:00 – 4:00 pm	1 st period 6:30 – 8:20 am
Friday 8/14	KISD/CFISD Tournament	2:00 – 4:00 pm	6:30 – 8:20 am
Saturday 8/16	KISD/CFISD Tournament	OFF	OFF

*Normal practices and weekly matches will continue, see Season Schedule.